

# REQUIRED SELF-PACED LEARNING ACTIVITIES JUNE 1 – JUNE 19

Date	New Students	Returning Students	Due Date
Friday, June 5 (9:00 am – 10:00 am)	Virtual Office Hour (for mentoring and other assistance as needed)		
Week of June 8	ACAP Video	College Plan	June 12
	Suggested Reading (TBD)	Suggested Reading (TBD)	June 12
	COVID-19	COVID-19	June 12
Friday, June 12 (9:00 am – 10:00 am)	Virtual Office Hour (for mentoring and other assistance as needed)		
Week of June 15	At-A-Glance	Resume	June 19
	Alumni Networking	Alumni Networking	June 19
Friday, June 19 (9:00 am – 10:00 am)	Virtual Office Hour (for mentoring and other assistance as needed)		

Note: Estimated time for completing the above assignments: 6 – 8 hours for new and returning students, respectively.

# COLLEGE READINESS WORKSHOP: JUNE 22 AND 23

Time	Monday, June 22	Tuesday, June 23
8:30 – 9:00 am	Virtual Office Hour; Check-In	Virtual Office Hour (8:30 am – 9:15 am) Check-In (9:15 am – 9:30 am)
9:00 – 9:30 am	Welcome, Introductions, Curriculum Overview (Zoom)	
9:30 – 10:30 am	Guest Speaker: _____ <b>“Tips for Succeeding in College—Part 1”</b> (New Students) <ul style="list-style-type: none"> <li>• Learning Styles</li> <li>• Engaging, Listening &amp; Note-Taking in College</li> <li>• Writing and Speaking</li> </ul>	Guest Speaker: _____ <b>“Succeeding in College—Imposter Syndrome”</b> (Returning Students, Zoom)
10:30 – 12:00 pm	Individual Assignment—Practical Application: <ul style="list-style-type: none"> <li>• Learning Styles (New Students)</li> <li>• College Plan (Returning Students)</li> </ul> Lunch (Logon on Zoom by 11:50 am)	Facilitated Panel Discussion: _____, _____, _____ (panelists) <b>“Careers in Accounting &amp; Business”</b> (Zoom)
12:00 – 1:00 pm	Guest Speaker: _____ <b>“Tips for Succeeding in College—Part 2”</b> (Zoom): <ul style="list-style-type: none"> <li>• Self-Management</li> <li>• Managing Your Money</li> <li>• Mentoring</li> </ul>	Break (10:30 am – 10:50 am; Logon onto Zoom by 10:50 am) Closing Session (11:00 am – 12:00 pm): (Zoom) <ul style="list-style-type: none"> <li>• Keynote Speaker: _____</li> <li>• Student Presentations</li> <li>• Awards</li> <li>• Closing Remarks</li> <li>• Adjournment</li> </ul>
1:00 – 2:30 pm	Guest Speaker: _____ <b>“Succeeding in a Multicultural College Environment”</b> (Returning Students)	
1:00 – 2:30 pm	Individual Assignment (Money Management)—Practical Applications (New Students) College Plan (Returning Students) Break (Logon onto Zoom by 2:20 pm)	
2:30 – 3:00 pm	Guest Speaker: _____ Topic: <b>“Succeeding in a Virtual College Environment”</b>	
3:00 – 3:15 pm	Break	
3:15 – 4:30 pm	Guest Speaker: _____ <b>“Talk Back: Keeping It Real”</b> (Zoom) Dinner	

# COLLEGE READINESS WORKSHOP: SESSION DESCRIPTIONS

Monday, June 22

Time	Session/Topic	Description
8:30 – 9:00 am	Virtual Office Hour; Check-In	Time set aside for students to check in should they need clarification, support and/or guidance.
9:00 – 9:30 am	Welcome, Introductions, Curriculum Overview	Welcome to ACAP by ACAP Leadership, self-introductions of students and overview of 1-1/2-day curriculum.
9:30 – 10:30 am	<b><i>“Tips for Succeeding in College—Part 1” (new students)</i></b>	This session is designed to explore the known and unknown about college life: preparing the mind for college, developing successful study habits, engaging, listening, and note-taking in college, and why grades matter.
9:30 – 10:30 am	<b><i>“Succeeding in College—Eliminating the Imposter Syndrome” (returning students)</i></b>	In this session, returning ACAP students explore how anxiety and self-doubt can lead to one persistently undervaluing his/her competence in achieving success—falsely attributing one’s accomplishments to luck or external forces.
10:30 – 12:00 pm	Individual Assignment: Practical application and/or discussion: -- Learning Styles (new students); College Plan (returning students) Lunch; Logon on Zoom by 11:50 am)	This time is reserved for students to actively discuss some of the take-aways from the prior sessions and to complete any assigned work.
12:00 – 1:00 pm	<b><i>“Tips for Succeeding in College—Part 2” (new students)</i></b>	This session is designed to further explore the college life experience with emphasis on: Self-management, managing your money (beware of credit card debt), and the significance of mentoring relationships.
12:00 – 1:00 pm	<b><i>“Succeeding in a Multicultural College Environment” (returning students)</i></b>	Minority students who matriculate at predominately white universities still experience cultural shock when they arrive on campus. Many of these students transition from a majority minority status in high school to a majority white demographic on campus. This session is designed to offer some guidance to students in this area.
1:00 – 2:30 pm	Individual Assignment (Money Management)—Practical Applications (New Students); College Plan (Returning Students) Break (Logon onto Zoom by 2:20 pm)	This time is reserved for students to actively discuss some of the take-aways from the prior sessions and to complete any assigned work.
2:30 – 3:00 pm	<b><i>“Succeeding in a Virtual College Environment”</i></b>	Due to the current pandemic, many of the college courses this fall are expected to be delivered virtually. This session is designed to offer tips to students on how to successfully navigate in this new normal.
3:15 – 4:30 pm	<b><i>“Talk Back: Keeping It Real”</i></b> Dinner	This session is designed to create a positive, safe, environment for students to express themselves and to develop more practical and useful coping strategies when faced with life’s setbacks and adversities.

# COLLEGE READINESS WORKSHOP: SESSION DESCRIPTIONS

Tuesday, June 23

Time	Session/Topic	Description
8:30 – 9:30 am	Virtual Office Hour; Check-In	Time set aside for students to check in should they need clarification, support and/or guidance.
9:30 – 10:30 am	<i>“Careers in Accounting and Business”</i>	This panel discussion is facilitated by a business professional and consists of academia and corporate representatives. Panelists give snapshots of their professional background and offer insights into career opportunities in accounting and other business-related fields.
11:30 – 12:00 pm	Closing Session	This session is designed to be a culmination of the 1-1/2-day virtual program where we celebrate student successes and award participation certificates and scholarships. This session is open to parents, ACAP Board members, and Corporate Partner representatives.



# VIRTUAL COLLEGE READINESS WORKSHOP: CONTACT INFORMATION

Name	Phone Number	Email Address	Role
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